

Stout and Short Woolease Socks

Dawn's Dream Designs
unique knitting designs
by Dawn Adcock 

These socks were knit for my husband's wide and short feet, a size 7 ½ wide. I originally used Lion Brand Woolease yarn, but the socks developed holes rather quickly, so I now use sturdier light worsted (or DK weight) yarn.

Materials

Yarn: Approx 380 yards smooth light worsted weight yarn. Sample knit with Lion Brand Woolease 3 oz/85g (197 yd/180m), Denim Twist color: 2 skeins.

Needles: Size 4 US double point needles, set of 4 or size needed to obtain gauge

Notions:
Yarn needle

Gauge: 24 sts = 4" / 10 cm

Size: Men's wide width -small length

Finished Measurements:

Length: about 9¼" foot, heel to toe



Directions

Cuff: Loosely cast on 48 sts and divide evenly onto three needles.
Work K2, P2 rib for about 8", about 56 rounds, or until desired leg length.

Heel: K 12 sts, place remaining sts on instep needle, turn.
Sl 1, P23, place remaining sts with instep sts, turn.
Divide 24 instep sts onto two needles, these sts will be on hold while working heel.
Sl 1, K1, to end
Sl 1, purl to end
Repeat last two rows 13 times more, for a total of 14 large slip stitch "V"s for the heel.
Heel flap is approx 3" long.

Turn

Heel: Sl 1, K13, ssk, K1, turn (7 sts left)
Sl 1, P5, P2tog, P1, turn (7 sts left)
Sl 1, K6, ssk, K1, turn (5 sts left)
Sl 1, P7, P2tog, P1, turn (5 sts left)
Sl 1, K8, ssk, K1, turn (3 sts left)
Sl 1, P9, P2tog, P1, turn (3 sts left)
Sl 1, K10, ssk, K1, turn (1 st left)
Sl 1, P11, P2tog, P1, turn (1 st left)
Sl 1, K12, ssk, turn (0 st left)
Sl 1, P12, P2tog, (0 st left)
14 heel sts left on needle

Gusset: Pick up 16 sts on side of heel flap (needle 1)
Knit across instep sts, placing all 24 on one needle (needle 2)
Pick up 16 sts on side of heel, and also knit 7 sts from heel (needle 3)
(middle of heel is beginning of round) (70 sts total)
Knit two rounds even
Decrease Round: Needle 1: K to last 3 sts, K2tog, K1
Needle 2: Knit across
Needle 3: K1, ssk, K to end
Knit two more rounds even
Do decrease round
Knit one round even
Do decrease round
Continue to knit one round even, then do decrease round,
until 13 gusset sts remain on each side, 50 sts total remain now (2 more than on leg).

Foot: Knit 18 rounds even, or until about 7" long.
Knit to end of needle 1

Toe: First rearrange sts so that the top and bottom halves of foot have equal amounts of stitches: needle 1-13 sts, needle 2-25 sts, needle 3-12 sts
Needle 2: K1, ssk, K to last 3 sts, K2tog, K1
Needle 3: K1 ssk, K to end of needle
Needle 1: K to last 3 sts, K2tog, K1
Knit one round even.
Repeat decrease round every other round until 22 sts left.
Then immediately do one more decrease round, 18 sts left.

Finishing: Kitchener stitch remaining 9 top sts to 9 bottom sts to finish.
Weave in ends.